

GF - Gluten Free
V - Vegetarian

MENU

PASTRIES, BREADS, CAKES \$5

MUFFINS \$4

COOKIES \$3

FRITTATA \$6 Changes daily GF, V

SOUP \$12 Chicken Minestrone V
Summer veggies, tomato, herbs,
orzo, roasted garlic focaccia

SALAD \$12 Summer Green GF, V
Local greens, pickled blueberries,
shallot, Shakerag Blue cheese,
pepitas, red wine vinaigrette

SANDWICH & CHIPS \$15 Antipasto
Roasted zucchini, eggplant,
nardello peppers, prosciutto, ricotta,
arugula, pesto, ciabatta

PLATE LUNCH \$16 Chicken Milanese GF
Tomato salad, herbs, fennel soubise

SIDES \$5 Little Soup GF, V
Little Green Salad GF, V
Scoop Chicken Salad

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SNACKS

CUCUMBERS \$8
Muhamarra

WATERMELON \$6
Feta, sesame, thai basil

ANCHOVIES \$9
Ricotta, focaccia toast

FARMERS WE ARE PROUD TO FEATURE

University Farm • Cove Creek Farm
• Sequatchie Cove Farm •
Lost Cove Farm • Myers Farm •
Sequatchie Cove Creamery •
Sunburst Trout • Baker Family
Pastures • Halcyon Farm
Bountiful Harvest Farm

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DRINKS

HOT COFFEE \$3 Velo Coffee (Chattanooga, TN)

CHICORY COLD BREW \$5

HOT TEA \$2.5 High Garden (Trenton, GA)
Black, Green, Chai, Citrus + Chamomile (herbal)

ICED UNSWEET TEA \$3

DRINK SPECIALS \$5
Iced Chai, Check Our Specials Board!

LUNCH PUNCH \$4

COLD DRINKS \$3.5

BEER (PINT) \$7

RIO CLARA Mexican-style Lager / 4.4%
Albright Grove Brewing (Knoxville, TN)

HOMESTYLE Hazy IPA / 6%
Bearded Iris Brewing Co. (Nashville, TN)

BRIGHT ITALIAN Pilsner / 4.5%
Burial Beer Co. (Asheville, NC)

LUNCH IPA / 7%
Maine Beer Co. (Freeport, ME)

RADLER Grapefruit Lager / 3.9%
VonTrapp Brewing Co. (Stowe, VT)

HARD CIDER Dry-style / 6.9%
Diskin Cider (Nashville, TN)



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